Positive Parenting

- A Coaches' Guide





Paul Shaw, VYSA Coaching Education Director

Current Positions:

- US Soccer National Instructor
- US Youth Soccer National Instructor
- Head Coach, Virginia 2000 Girl's ODP Team

Coaching Qualifications:

- US Soccer: "A" License
- US Soccer: National Youth License
- National Coaching Diploma, National Coaching Institute
- MSc. Physical Education, Western Illinois University



Coaching Experience:

- ODP: Virginia, Iowa
- Pro/Senior Amateur: Des Moines Menace (United Soccer League), Toronto Inferno (United Soccer Leagues), York Azzurri Shooters (Canadian Professional Soccer League)
- College: Western Illinois University, American University, Sweet Briar College
- Director of Coaching: Unionville-Milliken Mills Soccer Club, Gorge FC
- Over 26 years coaching experience



Keys to Player Development

- The Club:
 - Board
 - Technical Team
 - Administrative Staff
 - Volunteer Development
- The Environment
 - Player Centered
 - Current
- The Home
 - Coaches' Role in Support





Parental Involvement



- Involvement
 - -How much?
- Support
 - -Financially
 - -Emotionally
- Nurture
 - -Unconditional
- Balance
 - -Other sports/activities
 - -Perspective



- Video here...
 - Is having a difficult time bouncing back when the team loses.

 Stats about role of sport wins? Vs. Loss va Drop out



- Video here...
 - Makes mental notes during a game to offer advice

- Learning Mindset info...Dr. Carol Dweck.
- How do kids learn? Fixed vs Open

- Video here...
 - Becomes verbally critical of coaches and/or officials

What Should Parents Expect from the Coach

- Coach Education
- Human Characteristics
- Communication
- Philosophy Related to Technical Development (Club Plan)
- Philosophy Related to Player Development
- Enjoyable Atmosphere
- Practice vs. Game ratio





- Video here...
 - Is nervous about the outcome before the game.

• Role of Parent Study in Successful Athletes.

The Job of a Soccer Parent

Parents Need To Listen: Children have feelings and parents need to listen to their concerns about playing sports.

Give Direction and Support: As a parent, it is your job to be there for your children before the game, and give cheers for the opposing team during the game.

<u>Praise their Children</u>: After the game, parents need to look for the positives in their child, no matter whether they won or lost the game.

Good Sportsmanship: is something children will carry with them throughout life, not only during recreation and sports, but in the working world as well.

The Job of a Soccer Parent

<u>Don't Allow Improper Behavior</u>, and should make sure their children's coach does the same.

<u>Watch for Signs of Negative Behavior</u>: Both parents and coaches need to watch for signs of negative behavior, and immediately put a stop to it.

Don't Assume your Children Enjoy Sports: Parents should never forget to ask, "Did my child enjoy playing the game?". After all, if a child isn't enjoying playing sports, parents need to find out why. No child should be forced to play sports.

It's Just a Game

