

## 3V2's To Goal (U13's-U17's)



### Setup

20 field players, 2 GKs, 3V2's to goal, two teams of 10 field players, 45X36. 12 minutes, 6 minutes each direction.

### Instructions

As shown in the diagram the green player plays the ball to his teammate between the two flags and then follows his pass and overlaps him in order to enter the field. The second player penetrates on the dribble as the third player joins as well. Simultaneously two yellow defenders have joined from the other side to make it a 3V2. If a goal is scored, saved, or goes out of bounds 5 new players are on, this time with three yellow attackers and 2 green defenders. If the defenders win it cleanly they can counter and go straight to goal. Regardless of how the play finishes, 5 new players enter the field. Coach on each sideline to monitor off side line. Switch the direction halfway through the allotted 15 minutes for the activity.

### Coaching Points

Close range finishing tech, timing of runs, taking players on, deciding when to penetrate or pass. 1V1 defending, closing people down, cutting off angles, communication.