



THE TOOL BOX
BY
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- **WHAT IS COACHING?**

- **To motivate and Inspire.**

- **THE CONCEPT.**

Bob Jenkins

The game is the best teacher

Balanced approach

Discovery

- **THE TOOL BOX**

- 1. Coach in the Flow.**
- 2. Individual Coaching as the game continues.**
- 3. Correct at Natural Stoppages.**
- 4. Condition the game to teach the session.**
- 5. Freeze.**

- **COMMUNICATION AND KNOWLEDGE.**

- **SELF DISCOVERY.**

- **THE COACH.**

The Clinician Vs. The Coach

- **THE SNAPSHOT**

Free Play

Small – Sided Games

Whole – Part- Whole

- **CONCLUSION.**

In the present era of information, be it by design, because of culture or by accident, coaches have gradually taken the game away from the players. The tool box approach presents an alternative to the coach – centered approach to teaching. It allows for the game to be re-taken by the players through discovery and it sets the coach in his/her proper role which is that of a facilitator, allowing **THE GAME TO BE THE BEST TEACHER.**