



REGION I ODP

2009 Region I Program

Susan Ryan
Head Coach



Region I - 2009

Region I ODP Program-Camp

To identify players of the highest caliber on a continuing and consistent basis, which will lead to increased success for the U.S. National Teams in the international arena. To successfully serve the Region I mission statement.

Mission Statement

To develop each player in the program to her full potential to enhance the enjoyment of playing the game

To increase the talent level of the players to raise the level of play in their local environment

To develop all players to achieve their highest possible level of success





Lessons Learned U20 National Camp

Region I Players compared to others-
Technical Proficiency
Psychological Traits
Tactical Awareness (Team/Individual)
Athleticism



U-20 Training Themes



- Technical Pattern Play-pressure of time and space
- Emphasis on playing with all surfaces and both feet. **Especially Goal keepers**
- Finishing Exercises with conditioning
- Competitive Small sided games to big goals in big spaces for short periods of time
- No Boundary possession or small sided games



Why ODP?



- Allows high level players to play together
- National training themes developed
- Plant seeds to be cultivated elsewhere
- Move towards increased training rather than increased number of games
- Players learn from new and different experiences





Identification Process



- Tracking Players
- Identify future talent and potential
- Scale of 10 and 2 rather than 5 and 6
- Defining development as success
- Arenas for identification process
- Natural challenges of process as a result of pyramid.



Program Directors

- Region I Administrator (Charlotte Moran)
- Region I Head Coach (Sue Ryan)
- Region I Assistant Head Coach (Tom Hayes)
- Region I Head Goalkeeper Coaches (Maren Rojas, Dave Bucciero)
- Coaching Education and Evaluations (Rich Ilsley)
- Mini-Camps (Nancy Feldman)
- U12 Program (Rick Meana)
- Europe ODP (Rick Meana)
- Website and Technology (Dave Matthews, Terry Underkoffler)



Program Directors

- Camp Directors (Tom Hayes, Rich Ilsley, Sue Ryan)
GK Camp Directors (Chris Hershey, Maren Rojas
Terry Underkoffler)
- ACT Program (Sue Ryan)
- New Staff Recruitment (Rich Ilsley)
- Project Discovery (Paul Halford)
- Fitness Management (Tom Hayes)
- Nutrition Education (Chris Haverty)
- Region I National Staff Liaison (JD Daly)
- Sports Psychologist (Dr. Heather Barber)
- Athletic Trainer (Chris Haverty)



Contact Information

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Age Group Senior Staff



- U12 Rick Meana
Paul Halford, Loy Urbina, Erin DeMarco, Anthony James,
Brad Murphee, Nick Stames
- U13 Mark Ruest
Darren Marshall, Jim McGirr, Danielle LaRoche,
Cindy Bennett
- U14 Dave Bucciero
Nancy Feldman, Kevin Long, Peye Garcia, John Daly,
Laurie Pells





Age Group Senior Staff

U15 Lisa Cole

Tom Hayes, Eric Teepe, Steve Swanson

Chris Hershey

U16 Erica Walsh

Stephanie Gabbert, Mike Singleton,

Bj Callaghan



Age Group Senior Staff



U17 Chris Bleam

Heather Davis, Ian Stone, Chris Hamblin

U19 John Byford

Nikki Izzo, Brenda Van Stralen

Meredith Flaherty

