

RECOMMENDED

READING

Coaching General

Positive Coaching
By, Jim Thompson
Published by Warde Publishers, Inc.
3000 Alpine Rd.
Portola Valley, CA. 94028

Soccer Fitness

Fitness Training In Football
By, Jens Bangsbo
Published by August Krogh Institute
University of Copenhagen
Universitetsparken 13
DK-2100 Copenhagen
Denmark

The Physiology of Soccer
By, Jens Bangsbo
Published by August Krogh Institute
University of Copenhagen
Universitetsparken 13
DK-2100 Copenhagen
Denmark

Coaching Soccer

Soccer – How to Play the Game (The Official Playing and Coaching
Manual of the United States Soccer Federation)
Edited By, Bobby Howe
Published by Universe Publishing
300 Park Av. S.
New York, N.Y. 10010

Guide To Great Soccer Drills
By, Drs. Tom Fleck and Ron Quinn
Published by Ragged Mountain Press
P.O. Box 220
Camden, ME. 04843

Soccer—A Guide for Parents and Coaches
By, United States Olympic Committee & U.S. Soccer
Published by Cooper Publishing Group
P.O. Box 562
Carmel, In. 46032

The Peak Performance---Soccer Games for Player Development
By, Dr. Ronald W. Quinn
Published by QSM Consultants
P.O. Box 15176
Cincinnati, Oh. 45215-0176

The Baffled Parent's Guide To Coaching Youth Soccer
By, Bobby Clark
Published by Ragged Mountain Press
P.O. Box 220
Camden, ME. 04843

Resource Links

Coaching Development

http://www.usyouthsoccer.org/coaches/index_E.html

<http://www.brianmac.demon.co.uk/children.htm>

<http://www.soccerperformance.org/specialtopics/menu/psychology.htm>

Fitness

http://www.samoalive.com/sl_socf.htm

<http://www.soccerfitness.net/index.html><http://www.soccerfitness.net/index.html>

http://www.ladyriders.com/soccer_fitness.html

Nutrition

<C:\Documents and Settings\user\Local Settings\Temporary Internet Files\OLK4\Nutrition for Soccer Players 18909461761.htm>

<C:\Documents and Settings\user\Local Settings\Temporary Internet Files\OLK4\Nutrition for Soccer Players 18909461762.htm>

C:\Documents and Settings\user\Local Settings\Temporary Internet Files\OLK4\eating_disorders1.htm

Parent Assistance

<http://www.sikids.com/sportparents2/>

http://www.usyouthsoccer.org/parents/index_E.html

<http://www.momsteam.com>

Player Development

http://www.usyouthsoccer.org/players/index_E.html

<http://ed-web3.educ.msu.edu/ysi/spotlight1997/talent.html>

<http://www.calstatela.edu/faculty/dfrankl/soccer/plrpgsrn.htm>

Sports Psychology

<https://courseware.vt.edu/users/rstratto/CYS/FeatureMar04.html>

<http://www.down-the-line.com/index.php?newsLetterID=1&issueID=12&departmentID=4&articleID=58>

http://www.northvillesoccer.org/psychology_of_soccer.htm

