

# HAWAI'I YOUTH SOCCER ASSOCIATION

---



Return to Activity Guidelines



# Return to Play Guidelines

---

As much as we want to get back on the fields we believe a phased approach will provide clear direction and understanding for coaches, players and families. Returning to play must be done methodically and in a manner that stresses the health and welfare of youth and adult participants.

The information in this document is NOT intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content, including text, graphics, images, and information, are provided for general informational purposes only. The knowledge and circumstances around COVID-19 are changing constantly and, as such, US Youth Soccer, HYSA and our member leagues & clubs make no representation and assume no responsibility for the completeness of this information. Further, you should seek advice from medical professionals and/or public health officials if you have specific questions. These guidelines address only early phases of return-to-play and additional guidelines may, or may not, follow as the COVID-19 pandemic continues to evolve.

All affiliate member leagues and clubs must communicate the risks to their coaches, administrators, parents, players and other officials in advance of any activity as well as continue to remind participants on hygiene and appropriate social distancing. We recommend each parent complete a Covid-19 Assumption of Risk & Liability Waiver.



# Clubs/Leagues Responsibilities

---

- Require masks for coaching staff/administrators whom are in contact with other staff/players/parents.
- Communicate protocols and any additional league/club expectations.
- Maintain participant confidentiality regarding health status.
- Have an action plan in place in case of notification of a positive test result.
- Ensure no repercussion for players/parents that are not comfortable participating.
- Require parents to socially distance while attending any event. Limit team gatherings. No after game snacks or team potlucks.



# Coach Responsibilities

---

- Ensure the health and safety of the participants.
- Inquire how the athletes are feeling. Send home anyone you believe acts or looks ill.
- Follow all state and local health protocols and guidelines.
- Ensure all athletes have their own individual equipment (ball, water, bag etc.)
- Ensure the coach is the only person to handle equipment (e.g. cones, etc.); Do not enlist parental or attendee assistance.
- All training should be conducted outdoors and compliant with social distancing per state or local health guidelines.
- Wear a face mask when not actively coaching
- Coaches should maintain social distance requirements from players based on state and local health requirements.
- Have fun, stay positive – players and parents are looking to you for leadership.
- Scrimmage vests, should not be shared. Assign a vest to a player and return for washing after use



# Parent Responsibilities

---

- Communicate, preferably electronically, any of your or your child's participation concerns to the team coach. Do not participate if you, your child, household member or someone you have been in contact with has COVID-19 or COVID-19 symptoms in the prior 14 days. Player/parent should not participate in Soccer activities if they are uncomfortable for any reason. (If possible, take player's temperature before practice)
- Notify your coach immediately if your child becomes ill for any reason
- Provide hand sanitizer for your child's use before, during and after soccer activity and a mask, if desired.
- Ensure player's gear and equipment is washed/sanitized before/after soccer activity.
- Limit carpooling to family or household members.
- Limit team gatherings. No after game snacks or team potlucks.
- Stay in car or adhere to social distance requirements, based on state and local health requirements
- When at training, wear a mask if outside your car.



# Player Responsibilities

---

- Immediately let your coach or parent know if you are not feeling well.
- Take your temperature daily and especially before activities with others.
- Wash hands thoroughly before and after training.
- Bring, and use, hand sanitizer with you to every training.
- Wear mask before and immediately after all trainings.
- Do not touch or share anyone else's equipment, water, food or bags.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.



# Return to Play/Activity Phases

## Phase I

(Stay at Home)

- No Contact
- Focused on return to activity with individual training; no group drills
- Individual Training sessions in home or residence using your own equipment
- Coaching is done virtually. No in-person activities

## Phase II

(Safer at Home)

- Focused on return to activity with individual training & small groups not to exceed 10 people (9 players & 1 coach). Players should remain in their assigned group for the duration of Phase II
- Maximum of 3 groups per (regulation soccer) field
- Coaches & Players wear masks before and after training
- Clean/Wash equipment after each use
- No sharing of water, vests
- No games/scrimmages

## Phase III

(Act with Care)

- Full team training allowed.
- Physical contact to be minimized, when possible
- Groups not to exceed 50 participants per field
- Clean/Wash equipment after each use
- Do not share vests
- No sharing of water
- Intra-club scrimmages ok

## Phase IV

(The New "Norm")

- Games ok
- Minimize physical contact whenever possible
- No handshakes, fist bumps, etc.
- Parents/Spectator social distancing
- No aftergame snacks/potlucks, etc

Specific dates for re-starts, where it is permissible, will be determined by State & County Government Officials.