



## **Athlete Incident Management System (AIMS)**

Powered by InjureFree

### **FAQ's**

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#### **1. How do US Youth Soccer Member State Associations, and/or their member clubs/leagues, sign up to participate in this opportunity?**

Interested Member State Associations and/or their member clubs/leagues should follow this link and complete the brief questionnaire to start the process:

[https://fs30.formsite.com/InjureFree/USYS\\_State\\_Commitment/index.html](https://fs30.formsite.com/InjureFree/USYS_State_Commitment/index.html)

#### **2. What benefits do the US Youth Soccer Member State Association receive?**

Every US Youth Soccer Member State Association will receive access to the US Youth Soccer InjureFree Platform at no cost, while also being able to promote that they are actively helping to provide tools and resources to improve the health and safety of their soccer players. Additionally, data analytics and insight into injury trends will be available. Lastly, the training/education portion of the platform is customizable for each Member State Association allowing for the distributing of specific content and custom forms.

#### **3. What role does the US Youth Soccer Member State Association play in the set-up/delivery of this opportunity?**

The US Youth Soccer Member State Associations are asked to deliver the messaging and sponsorship offering to each state member club/league. InjureFree will then work directly with the participating club/league to set everything up and to train the necessary individuals. If a Member State Association would like to participate, then InjureFree will first coordinate all state level protocols with them before the participating club/league.

#### **4. What benefits do the participating club/league receive?**

Same as above #2 for Member State Associations.

#### **5. Will US Youth Soccer require all players/teams participating in US Youth Soccer Regional and National programming (e.g. ODP, NCS) to utilize AIMS?**

Yes. In an increased effort to ensure that all applicable US Youth Soccer risk management policies are being followed and to ensure that US Youth Soccer is able to account for the health and safety of every participating player, all team coaches and safety coordinators will be required to utilize AIMS.

#### **6. Are US Youth Soccer Member State Associations and/or their member clubs/leagues required to participate in this opportunity?**

No. However, in an effort to ensure that all applicable US Youth Soccer risk management policies are being followed and to ensure that US Youth Soccer is able to account for the health

and safety of every participating player, all teams/players, team coaches and safety coordinators will be required to utilize this tool while participating in US Youth Soccer Regional and National programming.

### **7. What is InjureFree?**

InjureFree is a mobile, real-time injury reporting and tracking tool which streamlines communication regarding Return-to -Play protocols and is provided by the Agency for Student Health Research.

### **8. How does InjureFree enable real-time communication?**

Injury reports are saved to HIPAA-compliant servers and are visible to all authorized users within seconds. When an injury report is saved, notifications are sent to all authorized personnel immediately.

### **9. How do clubs get set up on the new system?**

An InjureFree Administrator will be designated (i.e. the club's Player Safety Manager, President, or VP). InjureFree Support works directly with the Administrator to make the transition seamless and easy through a 3-step process. First, the account is set up. This includes creating teams, loading athlete rosters, and assigning staff to their respective teams. Second, the program is introduced to club staff. This is done through email and/or a coach's meeting and informs everyone about the injury management program updates, the benefits, and their roles and responsibilities. InjureFree will provide the email templates for this communication. Third and last, the staff is trained on using the system. This is accomplished through a combination of self-training YouTube videos and InjureFree Support-led, interactive web conference training.

### **10. Who can enter an injury report?**

Club administrators may allow team staff, such as coaches and player safety coordinators, to enter injury reports. This access is customizable by the administrator and staff/volunteers are invited as needed.

### **11. I do not know how to diagnoses injuries. Should I enter anything?**

Yes, InjureFree is not for diagnosis; it is for injury documentation and reporting. Since many organizations are still using paper forms, resulting in untimely reports, just describing the injury as best you can help medical professionals get the full picture. InjureFree limits the ability to classify an injury, or diagnosis, to Medical Staff users only. Coaches and Parents can still enter basic incident information on the report.

### **12. Is InjureFree HIPAA-compliant?**

Yes.

### **13. Is InjureFree just for concussions?**

No. InjureFree is used to document injuries of all types whether it is a knee, ankle, head, or other part of the body. While concussions are very serious and are receiving a lot of media attention, all injuries need to be documented.



**14. Does InjureFree document Return-to-Play clearance?**

Yes, all 50 states require an athlete to be medically cleared by a healthcare professional after a concussion, and in some states, after suspected concussions, before returning to play a sport. RTP clearance is documented and time-stamped within the system.

**15. Does InjureFree track state-mandated concussion education delivery for coaches, parents, and students?**

Yes, all 50 states and the District of Columbia have laws regarding concussion education, documentation, and reporting. Some have laws requiring preseason concussion education, including for parents. The system documents training completion and scoring by delivering the CDC Head's Up education courses. Customizable concussion education courses and connecting with third party education sites is also available.

**16. How can InjureFree be used as a loss control tool?**

If a child is seriously injured as a result of returning to activity before being properly cleared by a medical caregiver, litigation may follow. This is far less likely to happen with proper documentation and tracking. InjureFree helps prevent bad outcomes through proper and transparent documentation. We cannot prevent the original injury, but there should be no further harm from returning to play before a full recovery. These injury claims can easily become more costly than a doctor visit.

**17. How do doctors give Return-to-Play/Learn clearance?**

Team doctors are granted access to the InjureFree by club administrators. Through the US Youth Soccer website, they may then login and enter their unique password, which will allow them to document treatments and give Return-to-Play/Learn clearance. Additionally, each Member State Association will be allowed to upload their RTP paperwork digitally. Authorized medical staff users will be able to access the custom forms and interact accordingly.

**18. Who owns the injury data?**

InjureFree customers own their data. For more information, visit the [EULA](#).

**19. How is injury data used?**

InjureFree allows for the comparison of injury rates between clubs and leagues. It is a great tool that enables program administrators to monitor and compare injury rates to identify areas of improvement and proactively prevent injuries while improving performance.

