

Coaching Philosophy

Bobby Howe



Background & Experience

- Pre-teen
- Teenage Years
- Professional Playing
- Professional Coaching



What is soccer?

- A Players' Game
- A Simple Game with Simple Rules
- A Game played to a Set of Principles



What is soccer?

Competition for Ball Possession

Offense

Support

Width

Mobility

Penetration

Improvisation

Defense

Delay

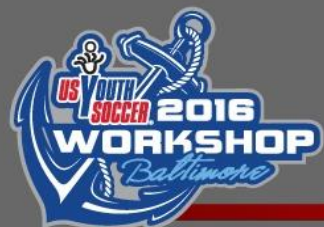
Depth

Balance

Concentration

Control/Restraint

Instant transition



What is soccer?

- **Art not a Science**
- **Game of Skill, Creativity, Imagination and Execution** under the pressures of **Time** and **Space**
- **Game of Components**

Technique

Passing

Control

Dribbling

Heading

Shooting

Tactics

Principals of Play

Fitness

Speed

Strength

Power

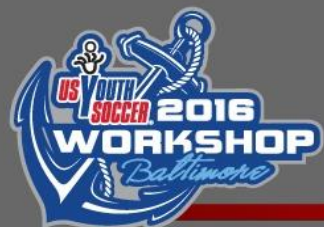
Endurance

Agility

Psychology

Mental Toughness

Confidence



Role of the Coach

Understand the Priorities of the age. Who are you Coaching? What are their Characteristics?

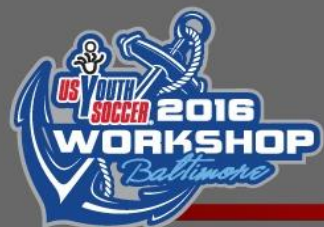
I Identify

D Devise

O Observe

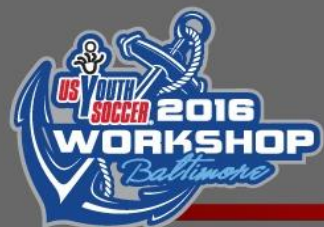
G Guide – interpret

M Motivate



Role of the Coach

- The Game is the Teacher
- Training Realistic to the Demands of the Game
- Practice Makes Permanent
- Work with Players to Help them to Aspire to a higher Level of Play



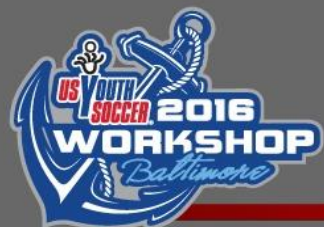
Why play youth soccer?

Emerald City F.C. Philosophy



ECFC Mission Statement

Emerald City F.C. exists to develop each of our players to his or her fullest potential competing at the highest possible level while demonstrating exemplary teamwork, sportsmanship and a passion for the game.



Success & Excellence

There are many people, particularly in sports who think that success and excellence are the same thing and they are not the same thing. Excellence is something that is lasting and dependable and largely within a person's control. In contrast, success is perishable and is often outside our control....if you strive for excellence, you will probably be successful eventually....people who put excellence in first place have the patience to end up with success...an additional burden for the victim of the success mentality is that he/she is threatened by the success of others and resents real excellence. In contrast, the person fascinated by quality is excited when he/she sees it in others.



Thank You

rohowe1@Comcast.net



USYOUTHSOCCER.ORG