

Parent Coaches: What they are, what they should be (How can we help)?

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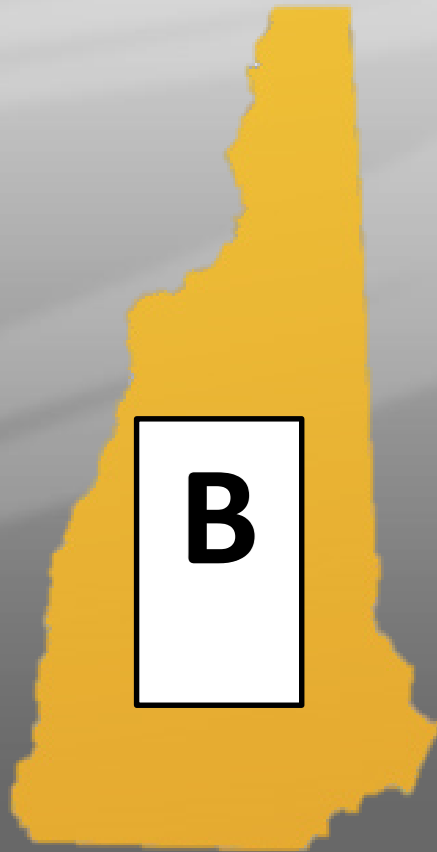


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Which one is New Hampshire?



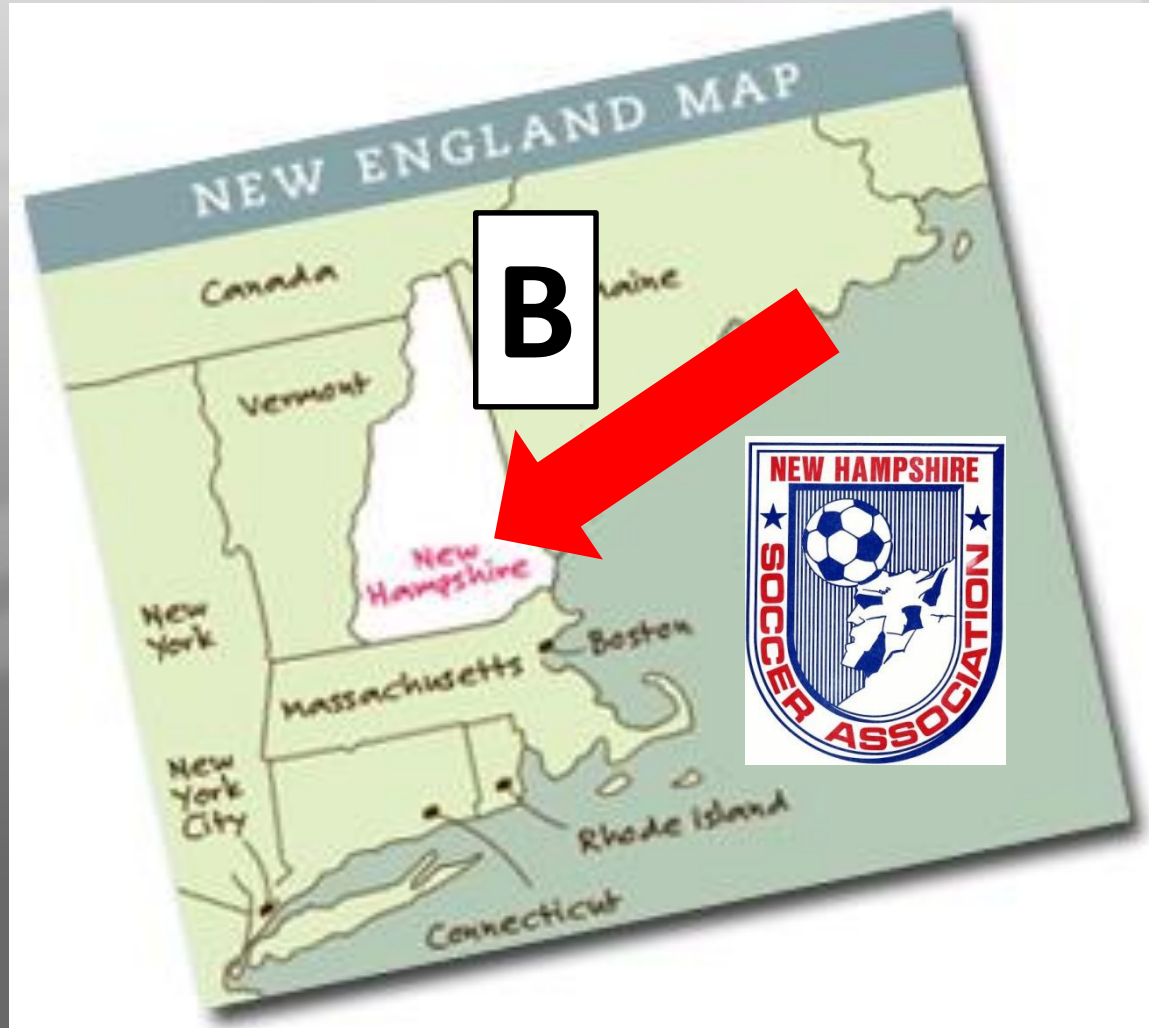
Which one is New Hampshire?



Which one is New Hampshire?



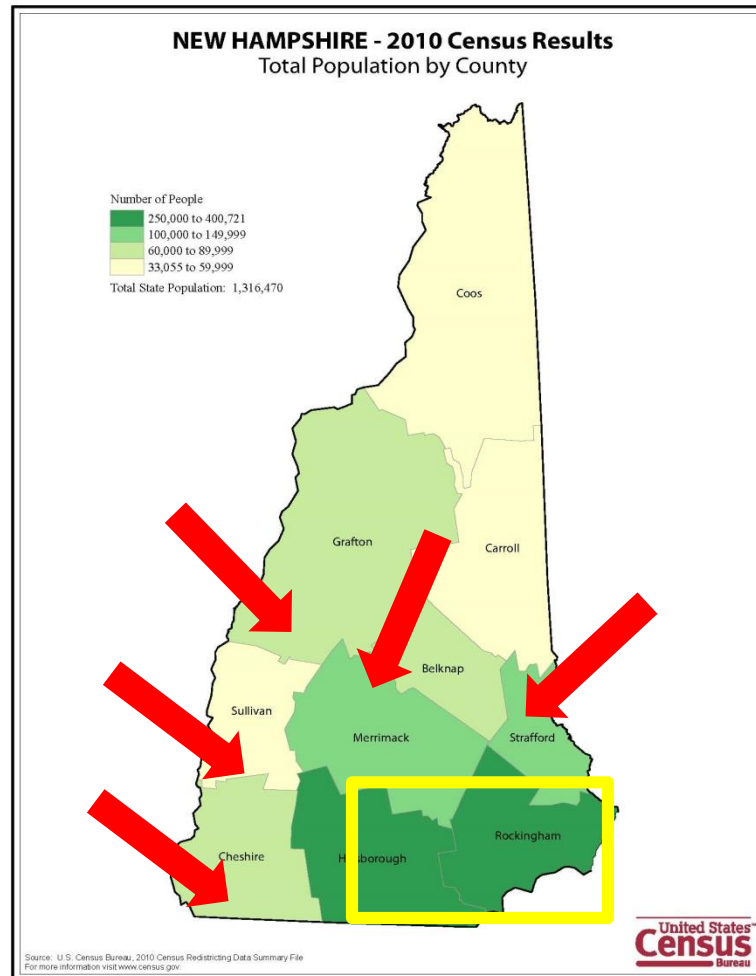
Which one is New Hampshire?



Who can benefit

- Age group coordinator
- DOCs
- TDs
- Age group DCs

New Hampshire Soccer Association - *Members*



Parent Coaches in America



Soccer Parents & Coaches in America



Defining Parent Coaches in America

“Seek opportunities to show you care. The smallest gestures often make the biggest difference.”

— John Wooden



What they are: Parent Coaches:

“We love that we are an all volunteer club. We just beat CLUB X and they pay \$\$\$ every year! We offer a great product, that is local, and affordable. And we can compete with the big boys!!!!”

-October 2014, NH Parent Coach



What are they?

“I have never really coached before.....I am always at practice and want to help.”

“I played in High School/College, and the coach before didn't know what they were doing so I decided to fix things.”

“I found this great set of drills on this website. Its supposed to be the warmup for Barcelona, I've been using it the last few weeks.”



What they are?

Unlocking “their” Expertise

“Every man I meet is my superior in some way, In that, I learn of him.”

-Ralph Waldo Emerson



What (Who) they are?



What they should be?

- ✓ Parent coaches
 - ✓ Guides
 - ✓ Facilitators
 - ✓ Role Models
 - ✓ Reinforce players passion for the game

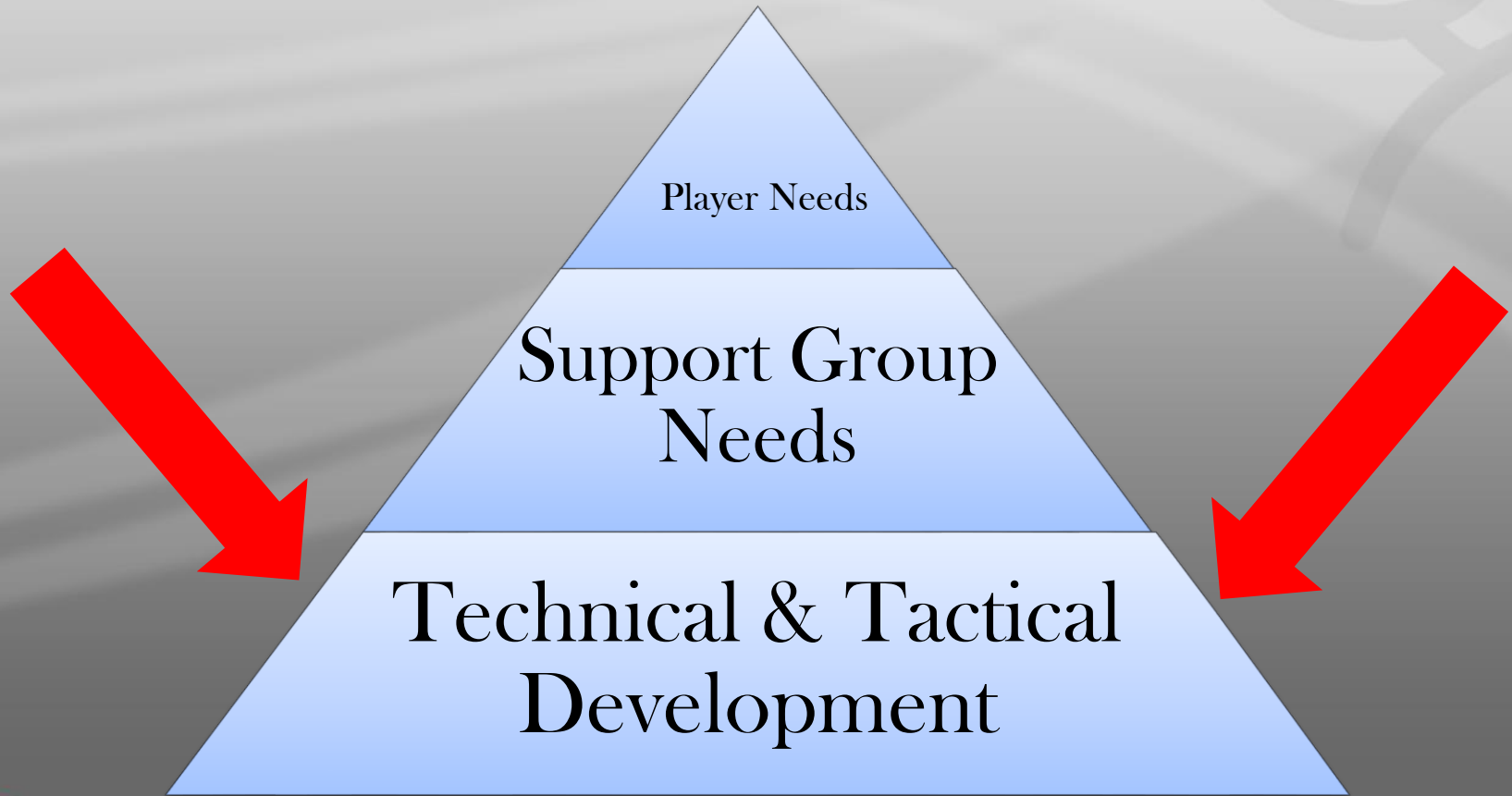


OUR MISSION=

Help shape how they
impact their players?

How can we help?

Re-Prioritize



How can we help?

Constructing the environment

PLAYER NEEDS

✓ Role Model

✓ Consistent & clear

✓ Fun & exciting

✓ Safe & secure

✓ Facilitator for
play

✓ Positive Learning
Environment

How can we help?

Winning the support systems

Support Group Needs

- ✓ Expectations & Goals established
 - ✓ Has the process been explained?
 - ✓ How can others be involved?

How can we help?

They know you care.....

✓ *Who helps them learn & How they learn?*

Vs

✓ *What they learn?*

TECHNICAL &
TACTICAL
DEVELOPMENT

How can we help?

Inverting the Parent Coach Pyramid

Player Needs

- ✓ Role Model
- ✓ Fun & exciting
- ✓ Consistent & clear
- ✓ Safe & secure
- ✓ Facilitator for play
- ✓ Positive Learning Environment

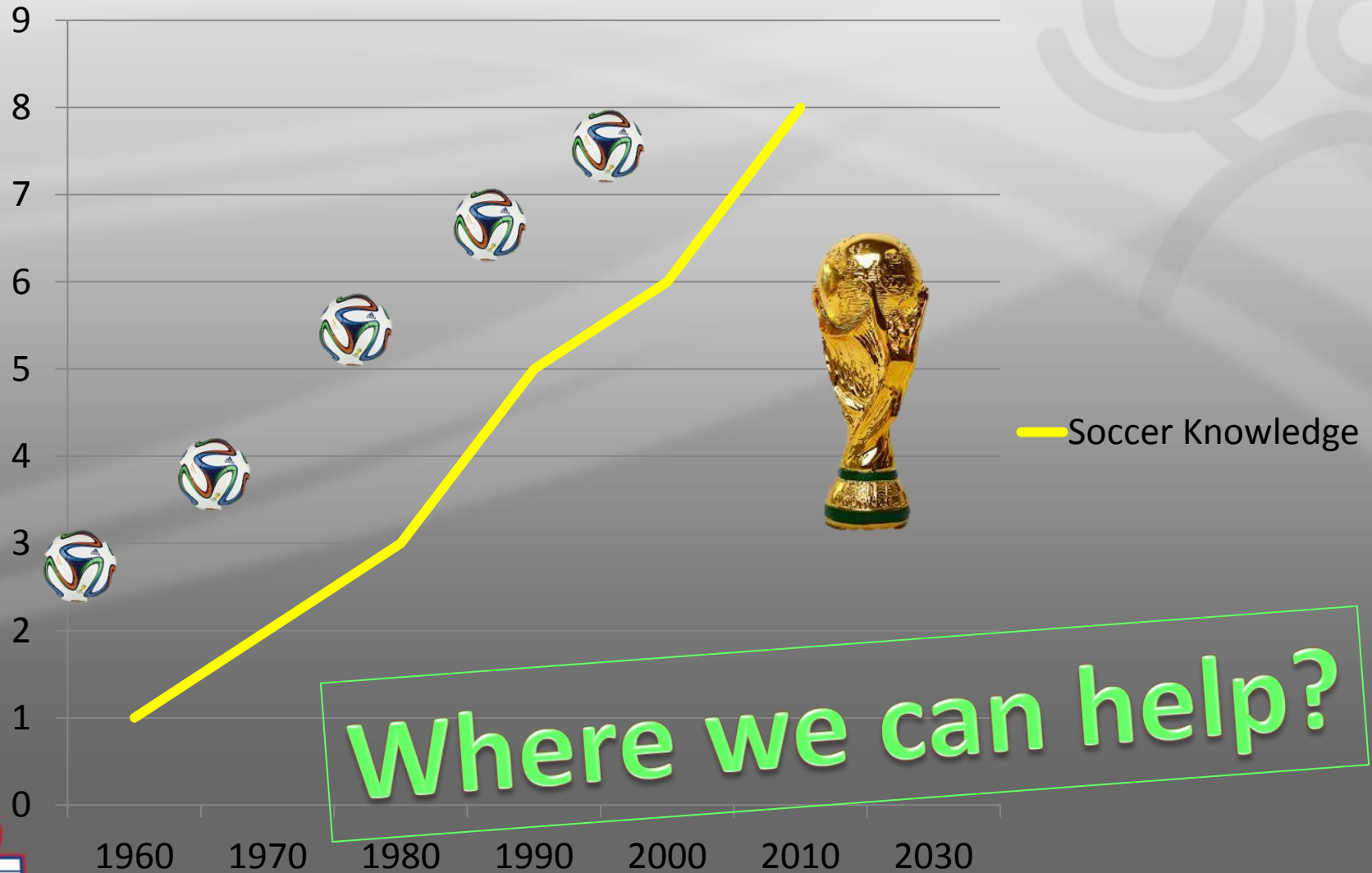
Support Group Needs

- ✓ Expectation & Goals established
- ✓ Has the process been explained?
- ✓ Others involved

TECHNICAL &
TACTICAL
DEVELOPMENT

*Use Parental
strengthens to
impact the
players*

General awareness of Soccer in America



How (Where) we can help:

Macro vs Micro

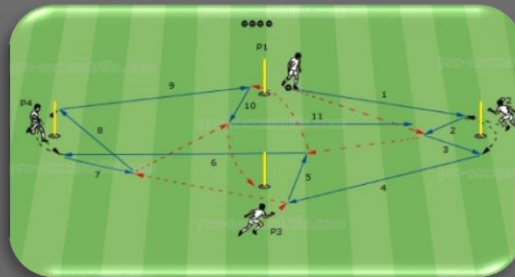
Play like Manchester United?

Positions & Spacing?

The pursuit of the “MAGIC DRILL”



+



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How we can help:

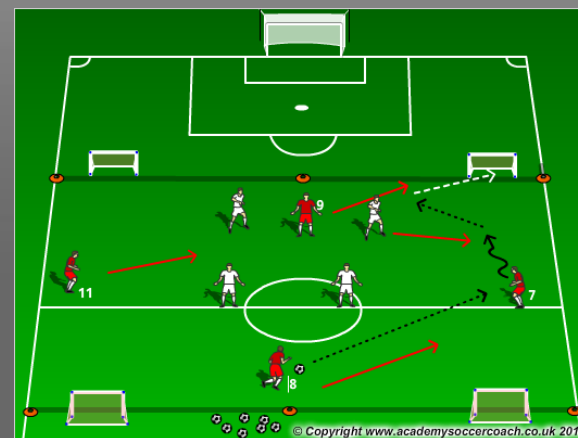
The best laid plans....

- ✓ Why the need for planning?
- ✓ Choosing a theme/topic?
- ✓ Benefit of proper progressions?
- ✓ Developmentally Appropriate?

What is a warmup?



What's next after the warmup?



How we can help?

Coaching Methodology

Enable them to apply their “soccer eye”

- ✓ Small sided games:
 - ✓ Game serves as the teacher
 - ✓ More players are engaged
 - ✓ More functional to the “game”
 - ✓ Greater repetition with the ball



How we can help?

Coaching Methodology

- ✓ Allows for more 1 on 1 connection when making corrections/suggestions
 - ✓ Individual Reference
 - ✓ Flow maintained
- ✓ Identify Coachable moment relative to the “game”



How we can help?



PRIORITY LIST

☒ 1 YOU

☐ 2 _____

☐ 3 _____

☐ 4 _____

☐ 5 _____

☐ 6 _____


☐ 7 _____

☐ 8 _____







☐ 9 _____

☐ 10 _____

NEW HAMPSHIRE SOCCER ASSOCIATION
Player Development Curriculum



The Game for All Kids!®



OFFICIAL SUPPLIER

www.soccernh.org



How we can help?

Avenues of Support Summary

- ✓ Establish personal goal as coach & team related goals
- ✓ Establish priority list for the player experience (topics, skills, etc.) - PRE-PLANNING!
- ✓ Provide developmentally appropriate, quality resources



How we can help?

Can we LEAD them to the answer?



- ✓ What went well, and what did not go well?
- ✓ How did the players react to the session?
- ✓ What can I do improve for next time?



Ifthen..... What is next.....?

Qualities of Effective Parent Coaches

They show up each day, they put their players first, and they encourage/reinforce players to continue in this great game of ours.....



Questions?

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NH Soccer Association

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