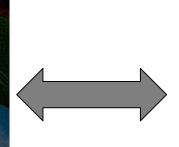


Performance Analysis in Soccer

Mark Williams, Ph.D. Professor and Chair Health, Kinesiology and Recreation University of Utah











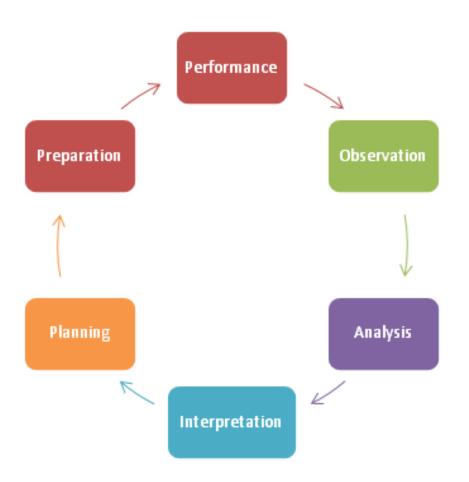


Performance Analysis in Soccer

- > WHY?
- > WHAT?
- > WHEN?
- > HOW?
 - ✓ hand-based
 - ✓ video
 - ✓ computerized (video/GPS)



WHY analyse matches?





WHY analyse matches?

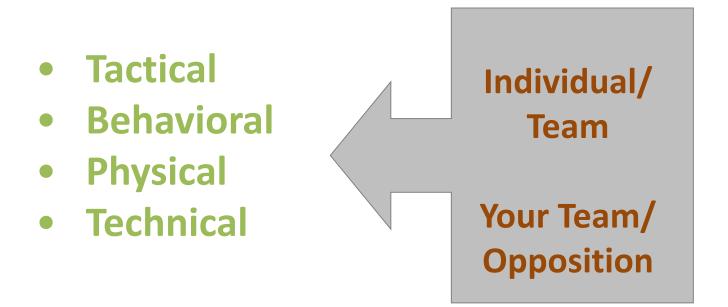
Constraints

- Viewing Environment
- Limitations of Human Memory
- Set views and Prejudices
- Effects of Emotions on Judgement

Performance Analysis = OBJECTIVITY



WHAT can be analyzed?



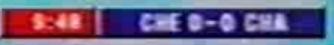


WHAT can be analyzed?

Behavioral

- Anticipation
- Decision making
- Body language
- Communication
- Coach behaviors







FRANK LAMPARD

ASE	25
APPEARANCES	138
GOALS	25
POSITION	









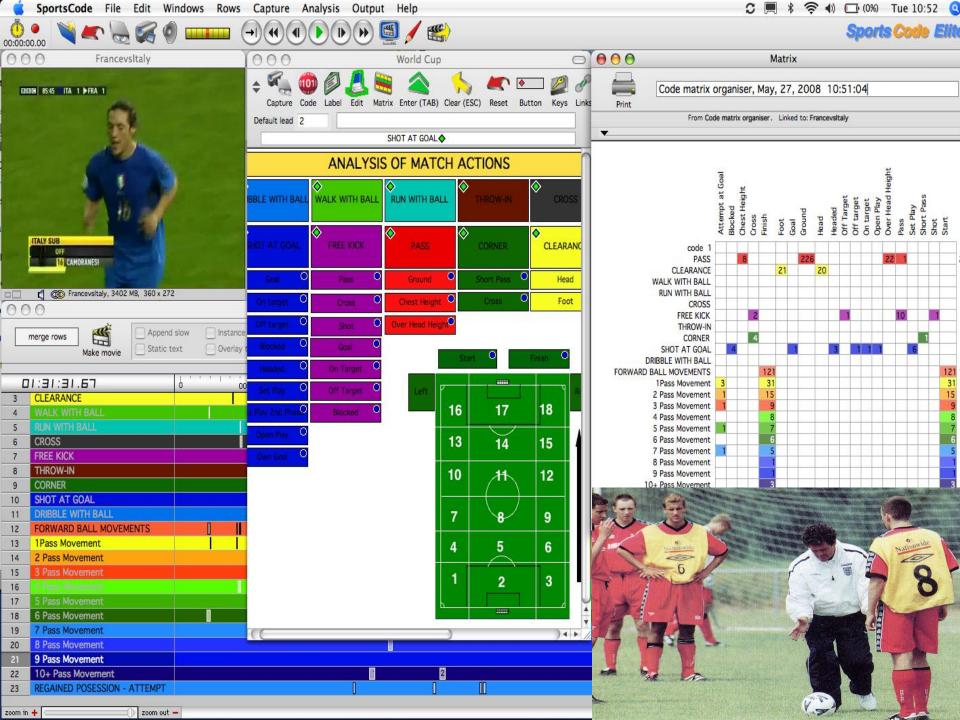








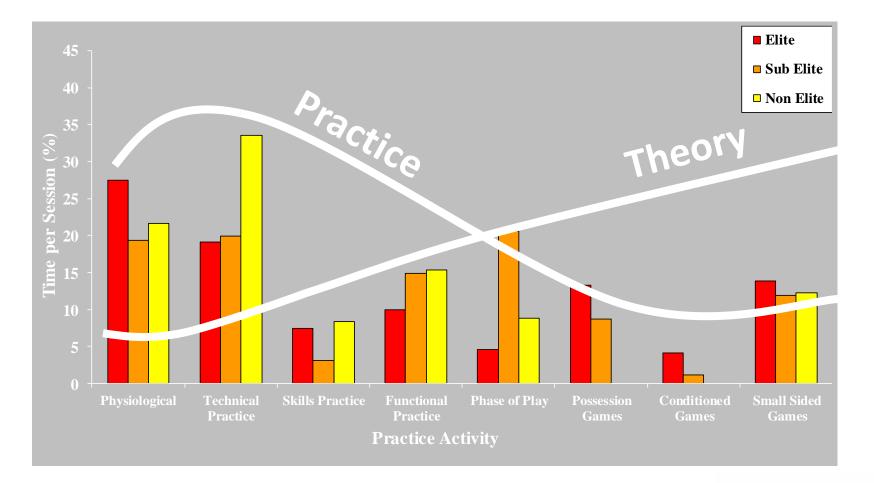




Time-Use Analysis of Practice

Training Form

Playing Form

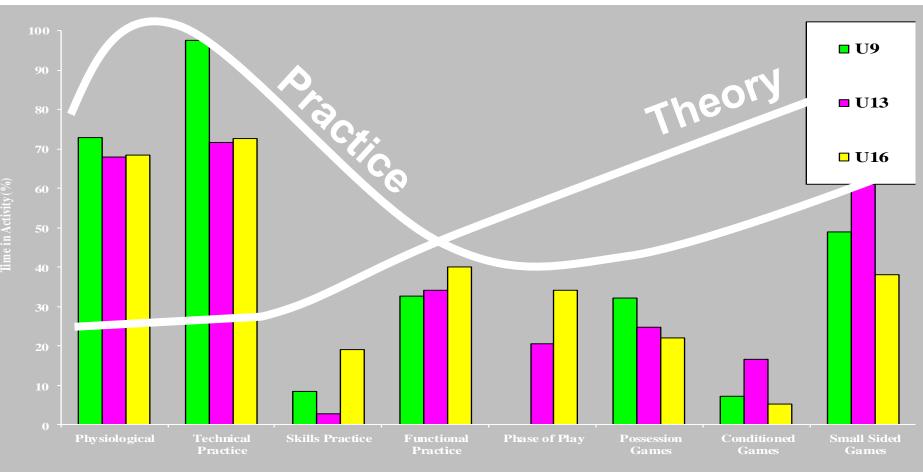




Time-Use Analysis of Practice

Training Form

Playing Form



Practice Activity



WHAT can be analyzed?

<u>Behavioral</u>

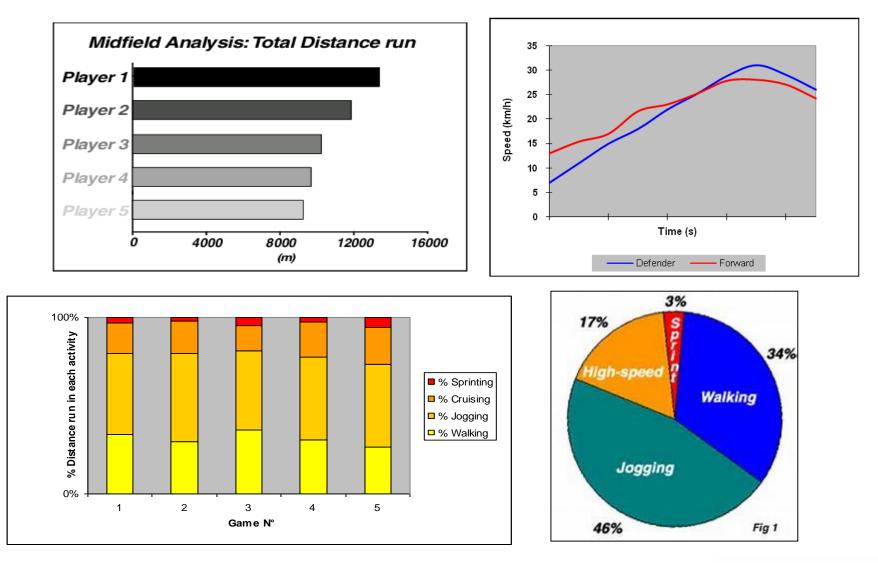
- Anticipation
- Decision making
- Body language
- Communication
- Coach behaviors

Physical

- Distance covered
- Intensity
- Pitch coverage
- Workload/tempo

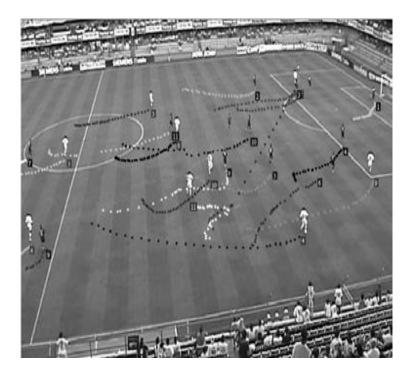


Typical Physical Data Sets





Typical Physical Data Sets







WHAT can be analyzed?

Behavioral

- Anticipation
- Decision making
- Body language
- Communication
- Coach behaviors

Physical

- Distance covered
- Intensity
- Pitch coverage
- Workload/tempo

Technical

- Technique
- Positioning













Frame 3



Frame 7

Frame 8

1

Frame 6

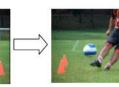




Frame 4



Frame 5







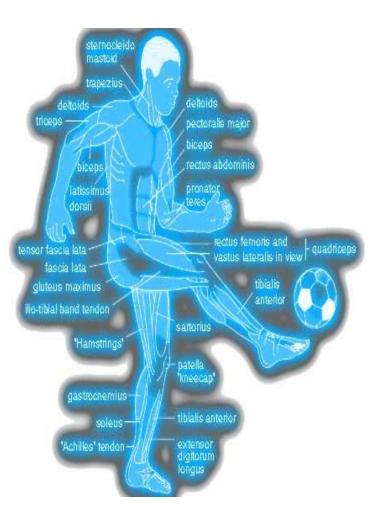
Frame 10



Frame 11



Frame 12





WHAT can be analyzed?

Tactical

- Sets plays (for and against)
- Entries into final third
- Turnover of possession
- Attempts on goal (for and against)
- Movement off the ball
- 'Shape' of back four



WHAT should be analyzed?

"Not everything that counts can be counted, and not everything that can be counted counts"

"More is not necessarily better!"

"Added value and link to coaching process"



WHEN to analyse?



- Opposition analysis
- Scouting

- Half-time briefing
- In-game decisions
- Review key events
- Actual v planned
- Team performance
- Player performance
- Always analyse



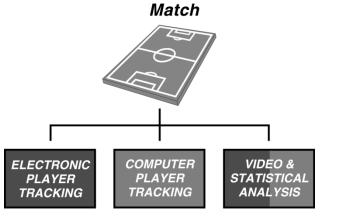
HOW to analyse?

- Manual notation systems
 - pen and paper
 - verbal
- Video-based analysis
 - analogue v digital
 - keyboard v voice activated

Computer-based systems

- automatic tracking
- semi-automated





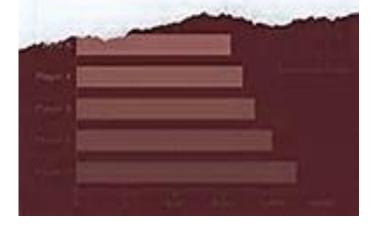




Handbook of Soccer Match Analysis

A systematic approach to improving performance

Christopher Carling, A. Mark Williams and Thomas Reilly





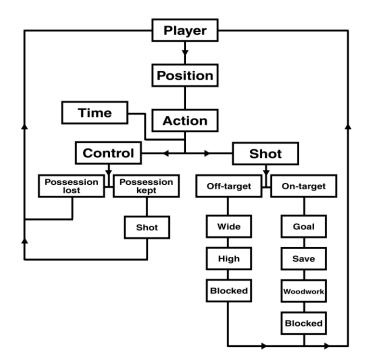
General Principles

- Decide what information is needed
 - > WHAT before HOW
 - > Prioritise data/information
 - Link to coaching process



General Principles

- Decide what information is needed
- Design system
 - > Player
 - > Action
 - > Position
 - > Time
 - > Sequence





General Principles

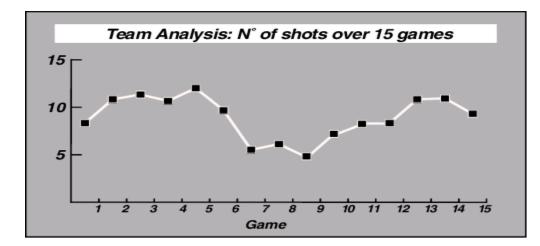
- Decide what information is needed
- Design system
- Collate/present data
 > Verbal
 > Visual/graphical

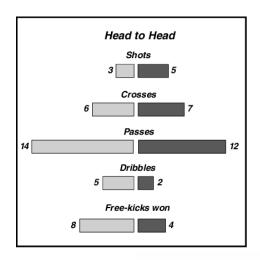


Total N° Tackles Made				
	First 10 games	Second 10 games		
Player N° 8	32	28		
Player N° 3	28	19		
Player N° 5	15	16		
Player N° 7	12	13		
Player N° 4	9	6		
Player N° 3	9	8		
Player N° 6	7	5		
Player N° 9	6	3		
Player N° 11	4	8		

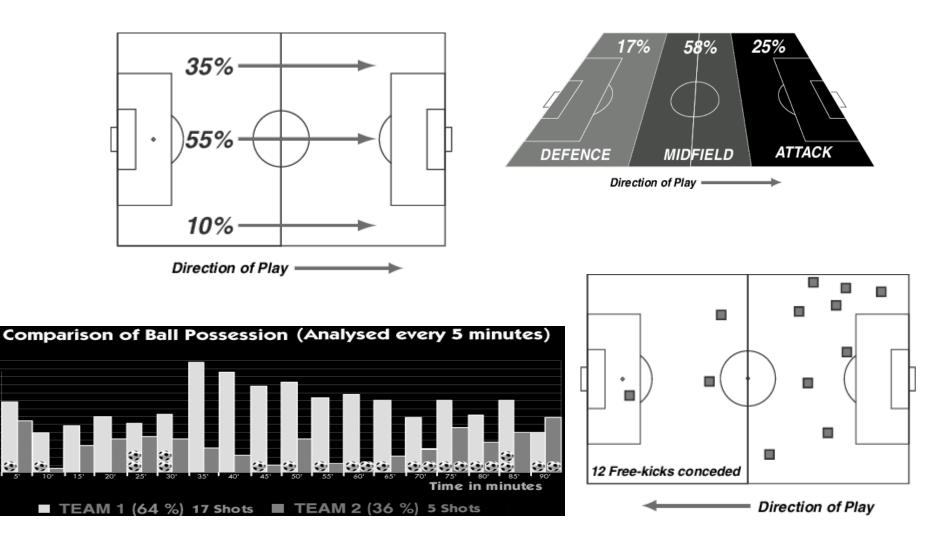
N° 8 Right-Midfield
Total shots10
Shots on target5
% Shots on target50
Goal assists2
Crosses made6
Fouls won6

To From	N° 8	N° 9	N° 10	N° 11	N° 7	TOTAL
N° 8		4	2	3	2	11
N° 9	2		3	2	1	8
N° 10	4	6		2	1	13
N° 11	3	2	1		4	10
N° 7	2	1	0	3		6
TOTAL	11	12	6	12	11	

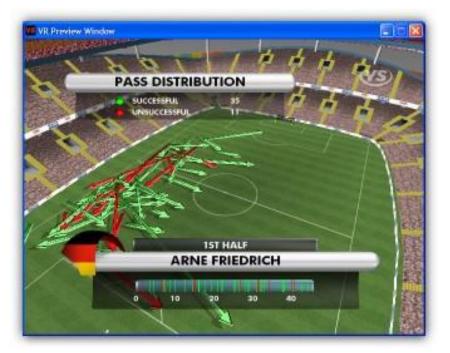




WORKSHOP





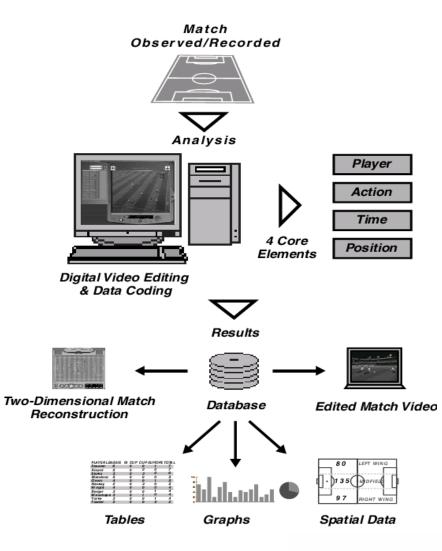






Video Analysis







Advantages

- Permanent record
- Slow-motion, real-time playback
- Capture information missed during match
- Cheap\cost-effective!
- User friendly

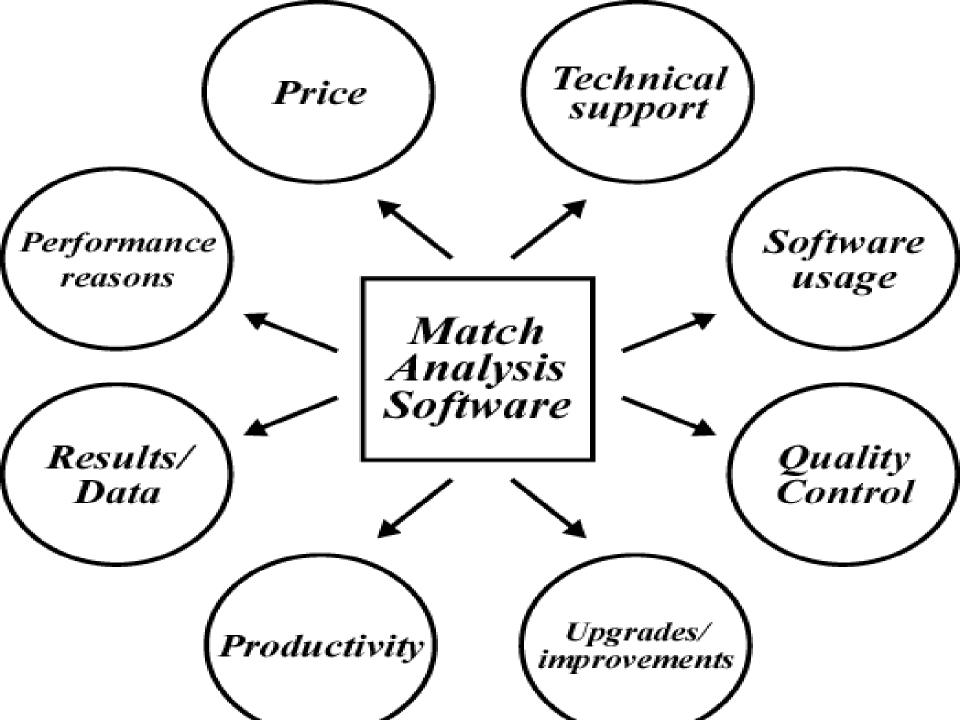


General Considerations

- Accuracy live vs. broadcast
- Objectivity definitions/training
- Reliability test/re-test
- Cost time and money



Country	Software	Web Site		
Digital Video/Statistical Analysis				
		http://www.dartfish.com		
UK	Focus X2	http://www.elitesportsanalysis.com/		
Germany	MasterCoach	http://www.mastercoach.de		
USA	SportsEdit	http://www.pinnacleteamsports.com		
Norway	Posicom	http://www.posicom.no/		
France	StadeXpert	http://www.af-d.com/		
France	Scanfoot	http://www.scanball.com/		
Denmark/Germany	Matchanalyzer	http://www.matchanalyzer.com		
USA	SecondLook	http://www.softsport.com/		
Australia	SportsCode	http://www.sportstecinternational.com		
France	AMISCO Pro Video Sequencer	http://www.sport-universal.com		
UK	SoccerScout	http://www.touch-line.co.uk		
Germany	Wige data	http://www.wige-mic.de		
stems				
		http://www.orad.co.il/		
-		http://www.dalglish.pzfootball.co.uk		
		http://www.epsis.com/		
France	AMISCO	http://www.sport-universal.com		
oms				
Germany	Cairos	http://www.cairos.com		
•		http://www.trakus.com		
	Switzerland UK Germany USA Norway France France Denmark/Germany USA Australia France UK Germany	SwitzerlandDartTrainerUKFocus X2GermanyMasterCoachUSASportsEditNorwayPosicomFranceStadeXpertFranceScanfootDenmark/GermanyMatchanalyzerUSASecondLookAustraliaSportsCodeFranceAMISCO Pro Video SequencerUKSoccerScoutGermanyWige datastemsEPSIS LocatorFranceAMISCOSocerScoutStemsGermanyCairos		



Video-based tracking systems (Prozone, Amisco, TRACAB)

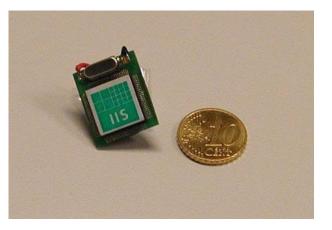


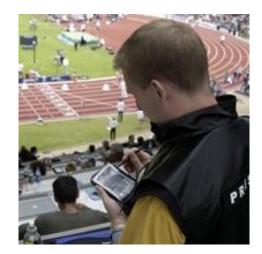
Match View Tools Sequence Navigation ?



Computer-based tracking systems (Cairos)





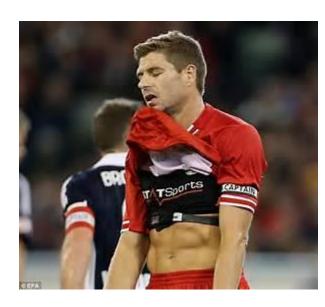






GPS Satellite Tracking











Summary

- Performance analysis crucial
- Must feed into coaching process
- Numerous systems
 - simple v complex
 - cheap v costly
 - quick v data intensive
- Practice/on-going development essential

