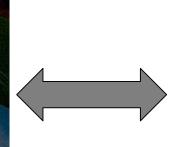


# **Performance Analysis in Soccer**

Mark Williams, Ph.D. Professor and Chair Health, Kinesiology and Recreation University of Utah











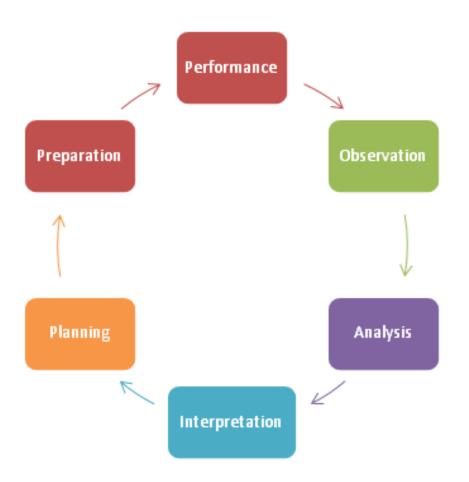


### **Performance Analysis in Soccer**

- > WHY?
- > WHAT?
- > WHEN?
- > HOW?
  - ✓ hand-based
  - ✓ video
  - ✓ computerized (video/GPS)



### **WHY** analyse matches?





### **WHY** analyse matches?

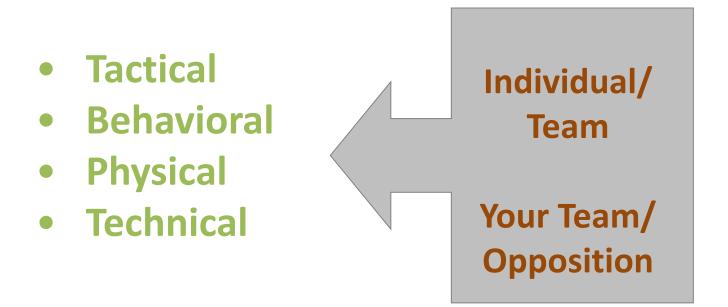
#### Constraints

- Viewing Environment
- Limitations of Human Memory
- Set views and Prejudices
- Effects of Emotions on Judgement

### **Performance Analysis = OBJECTIVITY**



### **WHAT** can be analyzed?



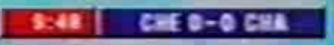


### **WHAT** can be analyzed?

#### **Behavioral**

- Anticipation
- Decision making
- Body language
- Communication
- Coach behaviors







#### FRANK LAMPARD

ASE	25
APPEARANCES	138
GOALS	25
POSITION	









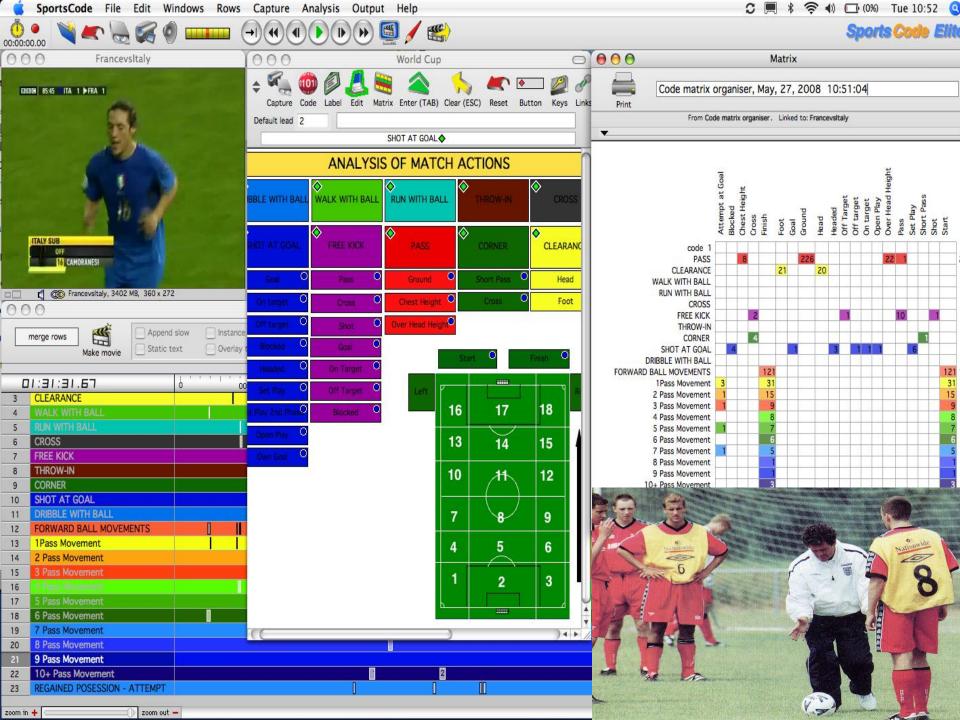








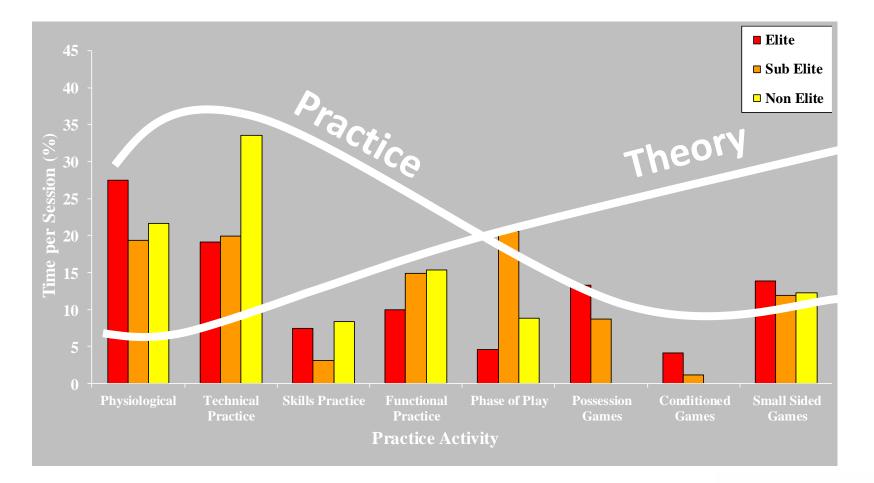




# **Time-Use Analysis of Practice**

#### **Training Form**

**Playing Form** 

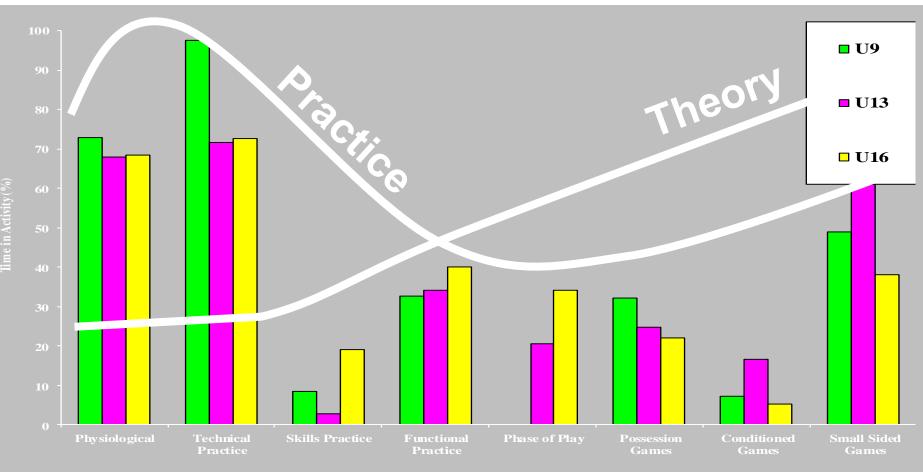




# **Time-Use Analysis of Practice**

**Training Form** 

**Playing Form** 



**Practice Activity** 



# **WHAT** can be analyzed?

#### <u>Behavioral</u>

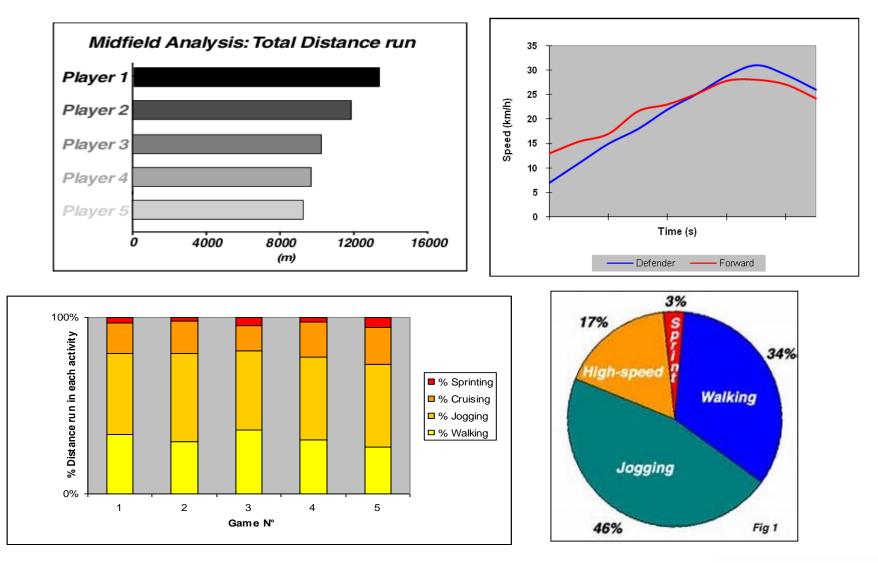
- Anticipation
- Decision making
- Body language
- Communication
- Coach behaviors

#### **Physical**

- Distance covered
- Intensity
- Pitch coverage
- Workload/tempo

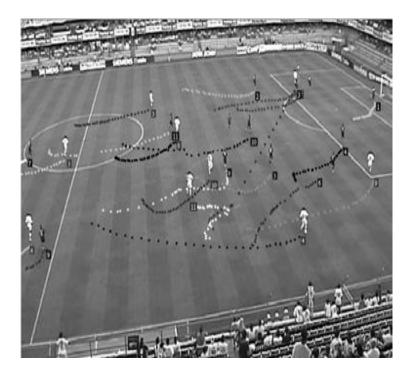


#### **Typical Physical Data Sets**





#### **Typical Physical Data Sets**







## **WHAT** can be analyzed?

#### **Behavioral**

- Anticipation
- Decision making
- Body language
- Communication
- Coach behaviors

#### **Physical**

- Distance covered
- Intensity
- Pitch coverage
- Workload/tempo

#### **Technical**

- Technique
- Positioning













Frame 3



Frame 7

Frame 8

1

Frame 6

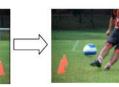




Frame 4



Frame 5







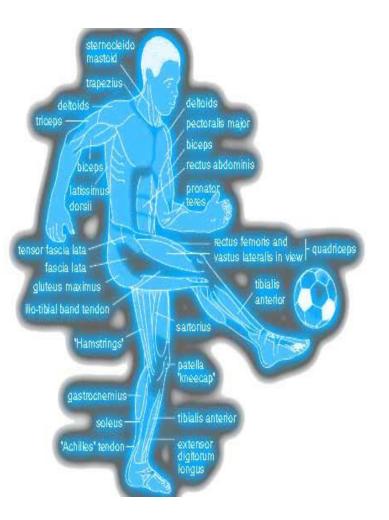
Frame 10



Frame 11



Frame 12





### **WHAT** can be analyzed?

#### **Tactical**

- Sets plays (for and against)
- Entries into final third
- Turnover of possession
- Attempts on goal (for and against)
- Movement off the ball
- 'Shape' of back four



### **WHAT** should be analyzed?

"Not everything that counts can be counted, and not everything that can be counted counts"

"More is not necessarily better!"

"Added value and link to coaching process"



### **WHEN** to analyse?



- Opposition analysis
- Scouting

- Half-time briefing
- In-game decisions
- Review key events
- Actual v planned
- Team performance
- Player performance
- Always analyse



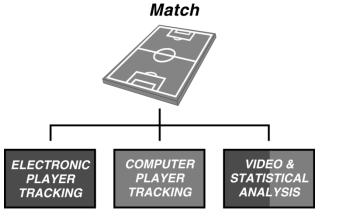
### **HOW** to analyse?

- Manual notation systems
  - pen and paper
  - verbal
- Video-based analysis
  - analogue v digital
  - keyboard v voice activated

### Computer-based systems

- automatic tracking
- semi-automated





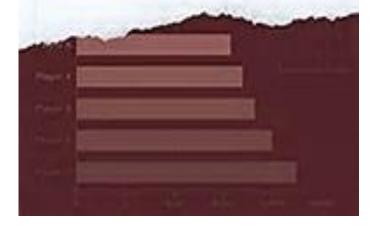




#### Handbook of Soccer Match Analysis

A systematic approach to improving performance

Christopher Carling, A. Mark Williams and Thomas Reilly





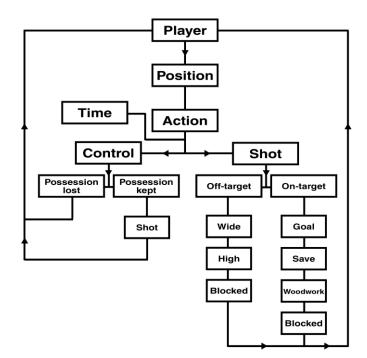
### **General Principles**

- Decide what information is needed
  - > WHAT before HOW
  - > Prioritise data/information
  - Link to coaching process



### **General Principles**

- Decide what information is needed
- Design system
  - > Player
  - > Action
  - > Position
  - > Time
  - > Sequence





# **General Principles**

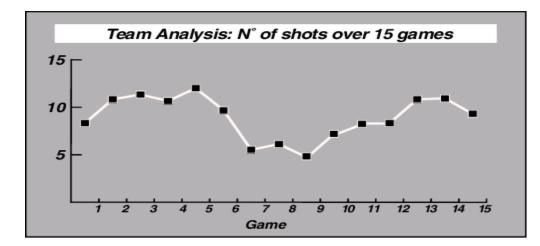
- Decide what information is needed
- Design system
- Collate/present data
  > Verbal
  > Visual/graphical

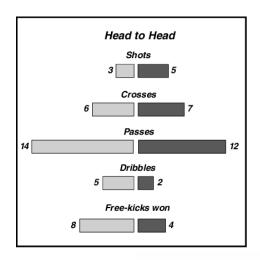


Total N° Tackles Made				
	First 10 games	Second 10 games		
Player N° 8	32	28		
Player N° 3	28	19		
Player N° 5	15	16		
Player N° 7	12	13		
Player N° 4	9	6		
Player N° 3	9	8		
Player N° 6	7	5		
Player N° 9	6	3		
Player N° 11	4	8		

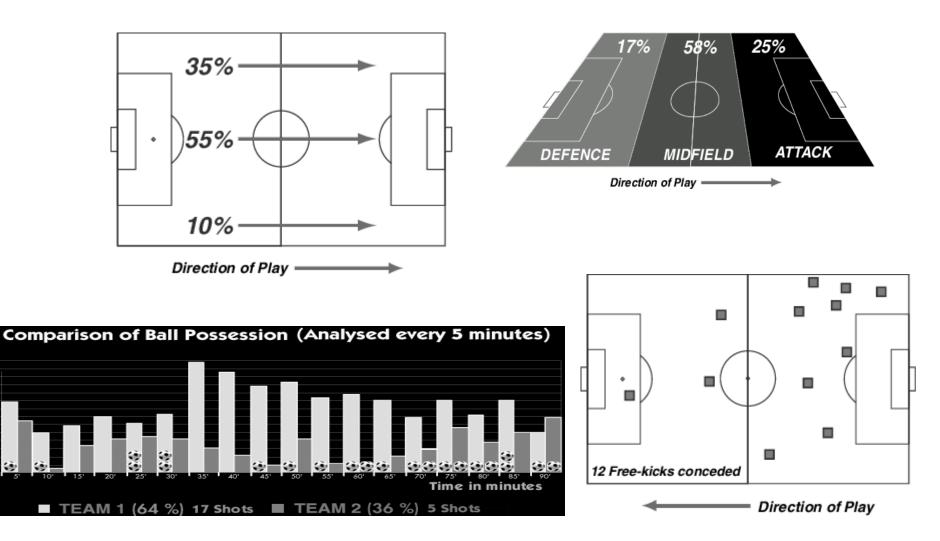
N° 8 Right-Midfield
Total shots10
Shots on target5
% Shots on target50
Goal assists2
Crosses made6
Fouls won6

To From	N° 8	N° 9	N° 10	N° 11	N° 7	TOTAL
N° 8		4	2	3	2	11
N° 9	2		3	2	1	8
N° 10	4	6		2	1	13
N° 11	3	2	1		4	10
N° 7	2	1	0	3		6
TOTAL	11	12	6	12	11	

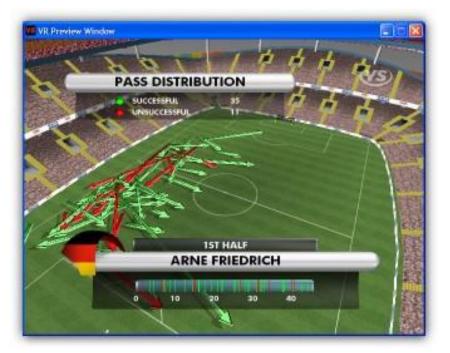




WORKSHOP





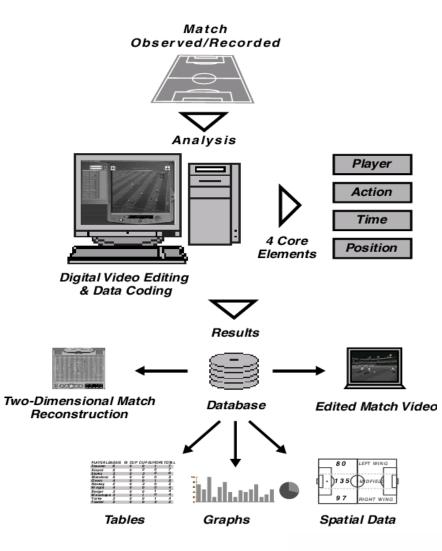






### **Video Analysis**







### **Advantages**

- Permanent record
- Slow-motion, real-time playback
- Capture information missed during match
- Cheap\cost-effective!
- User friendly

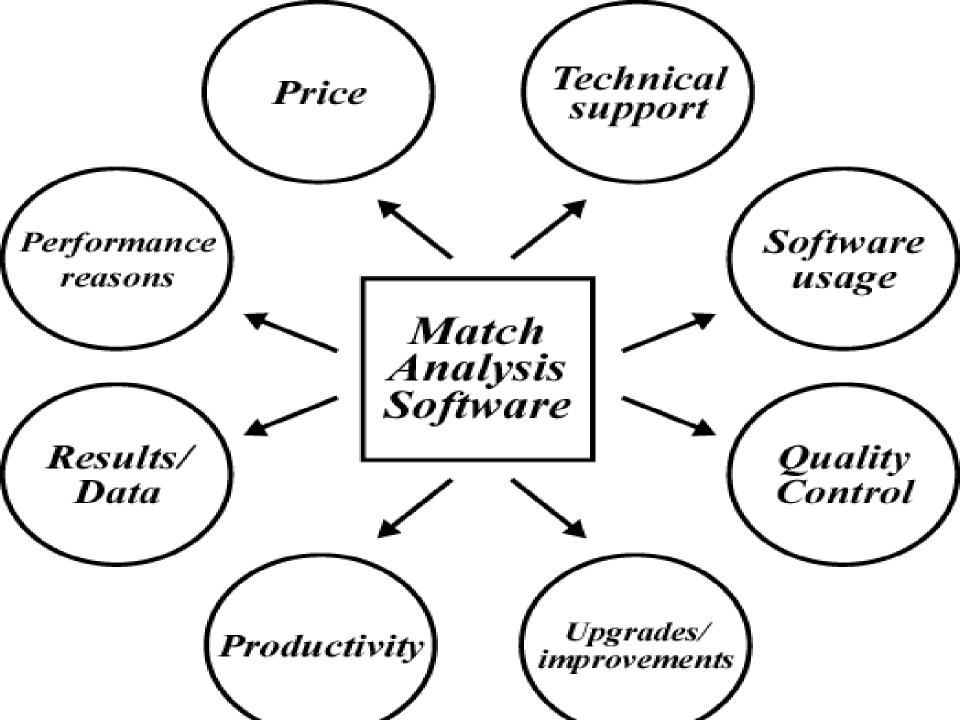


### **General Considerations**

- Accuracy live vs. broadcast
- Objectivity definitions/training
- Reliability test/re-test
- Cost time and money



Country	Software	Web Site		
Digital Video/Statistical Analysis				
		http://www.dartfish.com		
UK	Focus X2	http://www.elitesportsanalysis.com/		
Germany	MasterCoach	http://www.mastercoach.de		
USA	SportsEdit	http://www.pinnacleteamsports.com		
Norway	Posicom	http://www.posicom.no/		
France	StadeXpert	http://www.af-d.com/		
France	Scanfoot	http://www.scanball.com/		
Denmark/Germany	Matchanalyzer	http://www.matchanalyzer.com		
USA	SecondLook	http://www.softsport.com/		
Australia	SportsCode	http://www.sportstecinternational.com		
France	AMISCO Pro Video Sequencer	http://www.sport-universal.com		
UK	SoccerScout	http://www.touch-line.co.uk		
Germany	Wige data	http://www.wige-mic.de		
stems				
		http://www.orad.co.il/		
-		http://www.dalglish.pzfootball.co.uk		
		http://www.epsis.com/		
France	AMISCO	http://www.sport-universal.com		
oms				
Germany	Cairos	http://www.cairos.com		
•		http://www.trakus.com		
	Switzerland UK Germany USA Norway France France Denmark/Germany USA Australia France UK Germany	SwitzerlandDartTrainerUKFocus X2GermanyMasterCoachUSASportsEditNorwayPosicomFranceStadeXpertFranceScanfootDenmark/GermanyMatchanalyzerUSASecondLookAustraliaSportsCodeFranceAMISCO Pro Video SequencerUKSoccerScoutGermanyWige datastemsEPSIS LocatorFranceAMISCOSocerScoutStemsGermanyCairos		



### Video-based tracking systems (Prozone, Amisco, TRACAB)

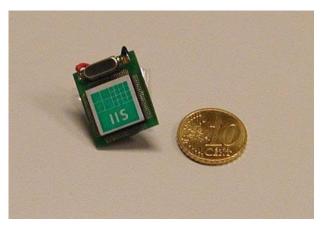


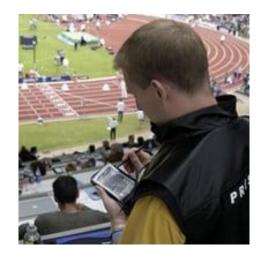
Match View Tools Sequence Navigation ?



### **Computer-based tracking systems (Cairos)**





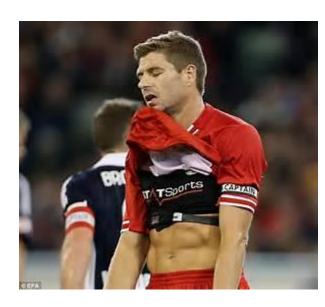






#### **GPS Satellite Tracking**











### Summary

- Performance analysis crucial
- Must feed into coaching process
- Numerous systems
  - simple v complex
  - cheap v costly
  - quick v data intensive
- Practice/on-going development essential

