# Video Analysis Made Simple

Practical Uses of Video Analysis for Club, Team, and Individual Player Development



### Bert Leonard



### NOT Bernd Schuster



# **Not Jeff Daniels**





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Region 3 ODP Player Education/Video Analysis
Director

United Football Club- Staff Coach Interplay-sports, America- Manager



## Coaches I have worked with: Gary Smith- Head Coach Silverbacks







# Coaches I worked with: Pia Sundhage- Women's National Coach- Sweden





# Coaches I have worked with: Stephen Constantine Head Coach- National Team- India







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# Coaches I have worked with: Keylor ReyesVideo Coach- Costa Rica National Team



#### **Filming**











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#### Live Analysis- Multiple Cameras

Live Analysis: How To Tag on the Fly...



#### Video Analysis- Post Game

#### Post Game Analysis:

- 1. From Vimeo, Youtube, A Server
- 2. From SD Card
- 3. Direct from the Camera









#### Video Analysis- Hardware

- Hardware Needed:
- Laptop- i5 or i7 Processor, RAM 8Gb,
- 300GB Hard Drive Space. USB 3 Port







#### Video Analysis – Smart Phone

- Smart Devices:
- Tagging Video from a Smart Phone:







#### Video Analysis- Team Presentation

- Video Analysis Team Presentations:
- Creating a Storyboard of the Game
- Topics?
- How Many Video Clips?
- Speaking over video- Clarity, Being Concise



# Video Analysis: Individual Player Self Study, Highlight Films

Individual Player Meetings: Highlight films







### Video Analysis Made Simple

Closing Remarks

• Questions????????

