

Youth Academy Program



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Mission

To foster an environment that focuses on player development and a player-centered philosophy. To increase the enjoyment and retention of children playing soccer.



Philosophy

"True player development focuses on the development of the player, not the development of the team! Up to age 12, this should be the only criteria used in designing and running youth soccer programs."

Ron Quinn, US Youth Soccer



Key Elements

- Individual player development
- Pools of players
- Flexible roster
- Appropriate training-to-match ratio
- Impactful matches



League / Academy Distinctions

Traditional League Structure

- Fixed rosters – predictable
- Team training – team culture
- Team development
- Shorter-term focus
- Measure success largely by team results
- Pressure on players, parents, coaches

Academy Program

- Flexible rosters – variable
- Pool training – club culture
- Individual development
- Longer-term view
- Measure success more by individual progress
- Learning & enjoyment for players, parents, coaches



MYSA Academy

Program Structure

- The Academy Program is offered to the U10 age group (may include U9 players)
- Adding U12 fall of 2015.
- No scores or standings will be kept for matches
- Academy players would be pool trained and registered to the club, not rostered to individual teams



MYSA Academy Program Structure

- Clubs wishing to conduct the Academy Program required criteria:
 - Club Academy Director has the National Youth Certificate
 - *(within one year of club participation in the program)*
 - Club Coaches hold the “E” license or higher
 - *(within one year of club participation in the program)*
- Submitted curriculum



Seasonal Planning

Period	DEVELOPMENT I				OFF		DEVELOPMENT II		DEVELOPMENT III			
	1	2	3	4	5	6	7	8	9	10	11	12
Month	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	July
	Fall Kickoff Festival										Summer Showcase	
Total Matches	3	4	2	1			1	2	2	4	3	1
Total Trainings	8	8	8	8			8	8	8	8	8	4
Season	Matches (minutes) 50				Trainings (minutes) 75				Total contacts (minutes)			
Fall (Aug-Nov)	7 (350)				34 (2550)				41 (2900)			
Winter (Feb-March) FUTSAL	3 (150)				16 (1200)				19 (1350)			
Summer (Apr-Jul)	7 (350)				28 (2100)				35 (2450)			
Fall Kickoff (Sept)	3 (150)											
Summer Showcase (June)	3 (150)											
	23 (1150)				78 (5850)				95 (6700)			



Sample Monthly Planning Calendar (Aug 2014)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Day off	2 Day off	3 Day off
4 Day off	5 Training	6 Day off	7 Training	8 Day off	9 Day off	10 Day off
11 Day off	12 Training	13 Day off	14 Training	15 Day off	16 Day off	17 Day off
18 Day off	19 Training	20 Day off	21 Training	22 Day off	23 Fall Kickoff Festival	24 Day off
25 Day off	26 Training	27 Day off	28 Training	29 Day off	30 Day off	31 Day off

Sample Monthly Planning Calendar (Sept 2014)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Labor Day Day off	2 Training	3 Day off	4 Training	5 Day off	6 Match	7 Day off
8 Day off	9 Training	10 Day off	11 Training	12 Day off	13 Day off	14 Day off
15 Day off	16 Training	17 Day off	18 Training	19 Day off	20 Match	21 Day off
22 Day off	23 Training	24 Day off	25 Training	26 Day off	27 Day off	28 Day off
29 Day off	30 Day off					



Is this viable for all Clubs?

- It is an OPTIONAL program
 - It is an additional CHOICE – It would not eliminate any current programs
- Any club can apply for admission
 - Help can be provided in curriculum development



What MYSA Provides

- Promotion of the Academy Program
- Player/Parent/Coach Curriculum
- Consistent Standards and Accountability
- Organize Scheduling Meetings
- Facilitate on-line match schedule
- Organize Fall Kick-Off and Summer Showcase
- Oversight and Strategic Direction



Cost for Clubs to Consider

- Fields (outdoor grass, turf)
- Facilities (indoor, dome, Futsal)
- Referees
- Coaches
- Apparel
- Equipment



Thank you!



Any Questions?

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